



Highland

ELEMENTARY SCHOOL

January Calendar

- 15 No School, Martin Luther King Day
- 16 6:00 pm, PTO meeting, library
- 30 Book Fair Starts

February Calendar

- 2 Family Breakfast, 8:00 am
- 16 No School, Mid Winter break
- 19 No School, President's Day

WINTER BOOK FAIR

Come and see all the great books we will have at the book fair. Our book fair will start on Tuesday, Jan. 30 and be open until Friday, Feb. 2. The times of the book fair are as follows:

Tuesday—Thursday

8:00 am—3:00 pm

Friday

8:00 am—11:00 am

Closed from 11:45-1:00 on Tuesday—Thursday.

February Family Breakfast

Join us on Friday, February 2nd for a family breakfast in the gym. It will start at 8:00 am. The cost for an adult breakfast is \$2.00 and for a child it is \$1.50. After you are finished with breakfast you can go to the library to check out our book fair. It will be open until 11:00 am. Look for more information to be sent home with your child.

PARENT CORNER:

◆ Conscious Discipline

Managing Emotional Mayhem is part of a more comprehensive practice called Conscious Discipline. Conscious Discipline is a complete self-regulation program that integrates social-emotional learning and discipline. It is based on current brain research, and scientifically and practically empowers adults and children to transform conflicts into opportunities to learn critical life skills. If you aren't familiar with Conscious Discipline and wish to learn more, a visit to ConsciousDiscipline.com would be a helpful starting point.

◆ Head Lice Information

In order to assist you with accurate health information, much like we provide to you during flu season, we want to make sure that parents and guardians have accurate information about Head lice (*Pediculus humanus capitis*). Head Lice are a common community problem and an estimated 6 to 12 million lice incidents occur each year in the United States, most commonly among children ages 3 to 11 years old. Live lice feed on human blood and live close to the human scalp. They are not dangerous and do not transmit disease, but they do spread easily. Our campus health staff are trained to handle these situations when they present themselves. We are happy to evaluate an individual case as needed, but based on the Center for Disease Control and OSPI recommendations, **no longer do whole class inspections. Our goal is to treat the individual situation and keep kids in class.**